

Private and Confidential  
**Lesley Padley Counselling**

**Client Contract**

**Client Name**.....

**Date**.....

Generally, anything you say during counselling sessions is confidential, between you and Lesley Padley, and Lesley Padley's Supervisor. The counsellor sees a Supervisor to ensure that they are providing you with the best possible service. The Supervisor is bound by the same codes of confidentiality.

Sessions are confidential except for the following circumstances.

- If any Child protection issues arise from our work together, any action next will be discussed in full with you
- If we believe that the you are at risk to yourself or others we reserve the right to break confidentiality to prevent harm
- If your counsellor is required to give evidence in a court of law
- If we have reason to believe that there is a disclosure of an act of terrorism or a threat thereof
- If we have reason to believe that there is a disclosure of money laundering or a threat thereof

My promise to you

As your counsellor, I will listen to you in a private and confidential setting.

I offer you my full attention, respect and a commitment to supporting you in developing your own solutions, insights, awareness and answers to the issues that are important to you.

I abide by BACP code of ethics.

Please give at least 24 hours notice if you cannot attend.

I agree/ disagree that my counsellor may tape a session of our work together and use it for a case study for use in their ongoing development. I understand that my name and any other identifying details will be changed and that I do not have to agree to this request. I understand that my permission will be always asked for before recording begins and that I have the right to refuse at any time.

If there is anything else that you wish to add to this contract please let's discuss it so we can write additions in the space below.

**Client Name (please print)**.....

**Signature**..... **Date**.....

**Counsellor Name (please print)**.....

**Signature**..... **Date**.....